# Šport in humanistika – izbrana poglavja iz SOCIOLOGIJE ŠPORTA ii Učni načrt predmeta/Course syllabus

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| Predmet: | Šport in humanistika – izbrana poglavja iz sociologije športa II |
| Course title: | Sport and Humanities – Selected Chapters from Sociology of Sport II |
| Članica nosilka/UL Member: | UL FF |

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| Študijski programi in stopnja | Študijska smer | Letnik | Semestri | Izbirnost |
| Zgodovina, druga stopnja, univerzitetni (od študijskega leta 2022/2023 dalje) | Zgodovina – dvopredmetna smer (smer) |  | Celoletni | izbirni |

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| Univerzitetna koda predmeta/University course code: |  |
| Koda učne enote na članici/UL Member course code: | 5562 |

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| Predavanja /Lectures | Seminar /Seminar | Vaje /Tutorials | Klinične vaje /Clinical tutorials | Druge oblike študija /Other forms of study | Samostojno delo /Individual student work | ECTS |
| 10 | 0 | 60 | 0 | 0 | 80 | 5 |

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| Nosilec predmeta/Lecturer: | Mojca Doupona |

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| Vrsta predmeta/Course type: | Izbirni/Elective |

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| Jeziki/Languages: | Predavanja/Lectures: | Slovenščina |
|  | Vaje/Tutorial: | Slovenščina |

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| Pogoji za vključitev v delo oz. za opravljanje študijskih obveznosti: | Prerequisites: |
| Status študenta/študentke fakultet, akademij ali visokih šol članic UL in drugih univerz. | Status of students of faculties, academies or higher schools of the members of UL or other universities. |

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| Vsebina: | Content (Syllabus outline): |
| TEORETIČNE VSEBINE : - Sklopi predavanj s področja teorije, metodike in didaktike izbranih športnih zvrsti  - Izbrana poglavja s področja sociologije športa  - Fenomenologija športa,  - Družbena vloga športa,  - Socialno razlikovanje v športu  - Sociološki vidiki vrhunskega športa  - Šport v procesu globalizacije  PRAKTIČNE VSEBINE:  - igre z žogo, nadaljevalna stopnja  - plavanje, nadaljevalna stopnja  - skupinske vadbe  - smučanje, nadaljevalna šola smučanja  - planinstvo, zahtevnejše ture. | THEORETICAL CONTENT:  - Sets of courses in theory, methodology and didactics of selected sports;  - Selected chapters in sociology of sports;  - Phenomenology of sports;  - Social role of sports;  - Social differentiation in sports;  - Sociological view of professional sports;  - sports in the globalization process;  PRACTICAL CONTENTS:  - team sports, advanced level,  - swimming, advanced level,  - group fitness classes,  - skiing, advanced ski school,  - mountaineering, advanced routes. |

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| Temeljna literatura in viri/Readings: |
| * Literatura, ki je predpisana s strani nacionalnih panožnih športnih zvez v okviru programa usposabljanja za izbrani šport. * Doupona M., K. Petrovič (2000) Šport in družba (sociološki vidiki). * Petrovič K., Doupona M. (1996), Sociologija športa, FŠ, Ljubljana (poglavja 12,13,14). |

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| Cilji in kompetence: | Objectives and competences: |
| Splošni cilji:  - spoznati in razumeti družbeno vlogo in pomen športa danes  - spoznati socialno razlikovanje in socialno mobilnost ter njihov odraz v vrhunskem športu, športni vzgoji in športni rekreaciji  - razumeti vlogo in pomen vrhunskega športa  - izboljšanje biopsiho socialnega statusa posameznika  - obvladati elemente izbrane športne zvrsti na višjem nivoju  - obvladati načela aktivnega preživljanja prostega časa in zdravega načina življenja.  Predmetno specifične kompetence:  - Obvladati osnovna in zahtevnejša znanja izbranega športa  - Izbrani šport izkoristiti kot, zabavo in sprostitev in sredstvo druženja. | General goals:  - to learn about and to understand the social role and significance of sports today;  - to learn about social differentiation and social mobility and their reflection in top sports, sport education and sport recreation;  - to understand the role and significance of professional sports;  - improvement of the bio psyche of the social status of an individual;  - to control the elements of the selected sports at a higher level;  - to master the principles of spending free time actively and a healthy lifestyle.  Specific competences of the course:  - to master the basic and more advanced knowledge of the chosen sports;  - to use the selected sport for entertainment, relaxation and social means. |

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| Predvideni študijski rezultati: | Intended learning outcomes: |
| Znanje in razumevanje:  Osvajanje vsebin športa kot temeljev, ki omogočajo kvalitetnejše življenje.  Spoznavanje lastnih sposobnosti skozi svoje športne dosežke.  Uporaba:  Prenos pridobljenih informacij in znanj v prakso.  Uporaba pridobljenih znanj za aktivno preživljanje prostega časa.  Refleksija:  Uporaba in prenos komunikacijskih, vodstvenih in socializacijskih sposobnosti na druga področja delovanja.  Prenosljive spretnosti – niso vezane le na en predmet:  Uporaba sodobne informacijsko komunikacijske tehnologije.  Prenos pridobljenih sposobnosti (teamsko delo, strateško razmišljanje, neverbalna komunikacija, organizacijske in vodstvene sposobnosti) na druga področja delovanja. | Knowledge and understanding: Adoption of sport contents as the bases that enable a quality lifestyle.  Awareness of personal abilities through personal achievements.  Application:  Transfer of obtained information and knowledge to practice.  Use of acquired knowledge for spending free time actively.  Reflection:  Use and transfer of communication, leadership and socialization skills to other areas of activities.  Transferable skills – non-subject specific:  Use of modern information communication technology.  Transfer of acquired abilities (teamwork, strategic thinking, non-verbal communication, organizational and leadership skills) to other areas of activities. |

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| Metode poučevanja in učenja: | Learning and teaching methods: |
| Predavanja, vaje, tečaji. | Lectures, exercices, practical courses. |

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| Načini ocenjevanja: | Delež/Weight | Assessment: |
| praktični izpit | 50,00 % | practical exam |
| test iz teorije | 50,00 % | test in theory |

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| Reference nosilca/Lecturer's references: |
| BON, Marta, **DOUPONA, Mojca**. Occupational specifics of elite female handball players in relation to injury recovery, social support and environmental factors. *International Journal of Occupational Medicine and Environmental Health*, ISSN 1232-1087, 2021, vol. 31, no. 1, str. 1-10,  BARTOLUCI, Sunčica, **DOUPONA, Mojca**. He's ours, not yours! : reinterpreting national identity in a post-socialist context. *International review for the sociology of sport*, ISSN 1461-7218, 2020, vol. 55, iss. 4, str. 490-506.  TESSITORE, Antonio, CAPRANICA, L., PESCE, Caterina, BOIS, Nadine De, GJAKA, Masar, WARRINGTON, Giles, MAC DONNCHA, Ciaran, **DOUPONA, Mojca**. Parents about parenting dual career athletes : a systematic literature review. *Psychology of sport and exercise*, ISSN 1469-0292, March 2021, vol. 53, art- 101833, str. 1-10,  KRIŽAJ, Jožef, **DOUPONA, Mojca**. Šolska izobrazba vrhunskih nogometašev kot kulturni kapital. *Šport : revija za teoretična in praktična vprašanja športa*, ISSN 0353-7455, 2018, letn. 66, št. 1/2, str. 212-219, ilustr.Doupona |