

# Time zones for Ecological Belonging sessions

#### Phase 1 - Sessions' dates

\*\*two dates available for each session (same content/format)\*\*

\*\*students may attend to one or both dates per session\*\*

Session number	Wednesday	Thursday			
Session 1	November, 1st (2023)	November, 2nd (2023)			
Session 2	November, 15th (2023)	November, 16th (2023)			
Session 3	November, 29th (2023)	November, 30th (2023)			
Ritual Studio session ** Mon/Tues/Wed**	December, 4th/5th/6th (2023)	December, 4th/5th/6th (2023)			
Session 4	January, 17th (2024)	January, 18th (2024)			

## **Wednesday Sessions (2 hours each)**

### starting time by timezone

Date	Session #	Honolulu (HST)	Washington, DC (EST)	São Paulo (GMT-3)	Ljubljana (CET)	
November, 1st (2023)	1	8 am	2 pm	3 pm	7 pm	
November, 15th (2023)	2	8 am	1 pm	3 pm	7 pm	
November, 29th (2023)	3	8 am	1 pm	3 pm	7 pm	
January, 17th (2024)	4	8 am	1 pm	3 pm	7 pm	

## **Thursday Sessions (2 hours each)**

## starting time by timezone

Date	Session #	Honolulu (HST)	Washington, DC (EST)	São Paulo (GMT-3)	Ljubljana (CET)	
November, 2nd (2023)	1	9 am	3 pm	4 pm	8 pm	
November, 16th (2023)	2	9 am	2 pm	4 pm	8 pm	
November, 30th (2023)	3	9 am	2 pm	4 pm	8 pm	
January, 18th (2024)	4	9 am	2 pm	4 pm	8 pm	

## **Ritual Studio Session (2 hours)**

### starting time by timezone

Date	Session #	Honolulu (HST)	Washington, DC (EST)	São Paulo (GMT-3)	Ljubljana (CET)
December, TBC (2023)	Ritual session				
December, TBC (2023)	Ritual session				

#### **Academic calendars + timetable**

Purple: Dates for EB sessions according to the team's conversation

Ritual studio session date TBC

<u>University of Ljubljana</u>															
N	lovembe	er			December					January					
Т	W	Т	F		М	Т	W	Т	F		М	Т	W	Т	F
	1	2	3						1		1	2	3	4	5
7	8	9	10		4	5	6	7	8		8	9	10	11	12
14	15	16	17		11	12	13	14	15		15	16	17	18	19
21	22	23	24		18	19	20	21	22		22	23	24	25	26
28	29	30			25	26	27	28	29		29	30	31		
	T 7 14 21	T W  1 7 8 14 15 21 22	1 2 7 8 9 14 15 16 21 22 23	T         W         T         F           1         2         3           7         8         9         10           14         15         16         17           21         22         23         24	T     W     T     F       1     2     3       7     8     9     10       14     15     16     17       21     22     23     24	November         T       W       T       F       M         1       2       3         7       8       9       10       4         14       15       16       17       11         21       22       23       24       18	November         D           T         W         T         F         M         T           1         2         3         3         3         3         4         5         4         5         5         14         15         16         17         11         12         12         11         12         12         18         19         19         19         10         10         10         10         10         10         11         12         12         11         12         12         12         12         12         12         12         12         13         19         10         11         12         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10         10	November         December           T         W         T         F         M         T         W           1         2         3         3         3         3         3         4         5         6         6         6         11         12         13         11         12         13         12         13         19         20         20         18         19         20	November         December           T         W         T         F           1         2         3           7         8         9         10           14         15         16         17           21         22         23         24           18         19         20         21	November         December           T         W         T         F         M         T         W         T         F           1         2         3         1	November         December           T         W         T         F         M         T         W         T         F           1         2         3         1	November         December           T         W         T         F         M         T         W         T         F         M           1         2         3         1	November         December           T         W         T         F         M         T         W         T         F         M         T           1         2         3         1         1         2           7         8         9         10         4         5         6         7         8         8         9           14         15         16         17         11         12         13         14         15         15         16           21         22         23         24         18         19         20         21         22         23	November         December         January           T         W         T         F         M         T         W         T         F         M         T         W           1         2         3         1         1         2         3           7         8         9         10         8         9         10           14         15         16         17         11         12         13         14         15         15         16         17           21         22         23         24         18         19         20         21         22         23         24	November         December         January           T         W         T         F         M         T         W         T         F         M         T         W         T           1         2         3         4         5         6         7         8         9         10         11           14         15         16         17         11         12         13         14         15         15         16         17         18           21         22         23         24         18         19         20         21         22         23         24         25

• Confirm whether it is okay to have the sessions during the week of 27th November: Teaching and University Week

#### **Additional Information**

#### **Fellows' Time Commitment:**

- Four study sessions
- One 'ritual studio' experience session of 2 hours
- 6-8 hours of commitment beyond what's mentioned
- **Total of hours:** 16-18h in 12 weeks (first phase)

#### **Credits and Certification:**

- Georgetown University will issue a certification for participation in the multi-year fellowship.
- The fellow's university will grant their students credits.

#### **In-person event:**

- 2024 in-person Fellow gathering (TBD): the program will cover the cost for students.
- 2025 Global Wellbeing Summit: The Wellbeing Project will offer partial support by waiving the entry ticket costs.

# **THANK YOU.**

